

# Årsstatistik Utby IK utomhus 2012

## DAMER

### 100m

Maria Valenzuela (-97)	12.74
Ronja Olsson (-95)	13.29
Prescilia Bakuba (-98)	14.47

### 200m

Jennifer Czerapowicz (-93)	26.72
Maria Valenzuela (-97)	27.56
Evelina Hiltunen (-95)	28.83

### 300m

Evelina Hiltunen (-95)	45.84
Maria Valenzuela (-97)	48.51

### 400 m.

Lovisa Lindh (-91)	56.51
Minda Langmoen (-95)	60.97
Evelina Hiltunen (-95)	62.80

### 800 m.

Lovisa Lindh (-91)	2.05.77
Mary Alenbratt (-90)	2.11.48
Evelina Hiltunen (-95)	2.33.02

### 1000m

Lovisa Lindh (-91)	2.45.43
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### 1500 m.

Lovisa Lindh (-91)	4.19.57
Mary Alenbratt (-90)	4.24.95
Maria Larsson (-94)	4.34.94
Sofia Geirup (-94)	5.03.20
Evelina Hiltunen (-95)	5.34.30

### 3000 m.

Maria Larsson (-93)	9.58.20
Sofia Geirup (-94)	11.02.11

### 5000 m.

Katarina Åström (-85)	18.26.27
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### 2000m Hinder

Maria larsson (-94)	6.48.79
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### 3000m Hinder

Charotta Fougberg (-85) 10.22.03  
Maria Larsson (-93) 10.48.79

#### **Halvmarathon**

Therese Olin (-82) 1.18.23  
Therese Nordström (-77) 1.18.56  
Emma Belforth (-85) 1.20.21

#### **Marathon**

Emma Belforth (-85) 3.00.36  
KatarinaÅström (-85) 3.01.17

#### **100m Häck**

Jennifer Czerapowicz (-93) 15.37

#### **300m Häck**

Jennifer Czerapowicz (-93) 44.37  
Maria Valenzuela (-97) 48.51

#### **400m Häck**

Jennifer Czerapowicz (-93) 63.82

#### **Längdhopp**

Jennifer Czerapowicz (-93) 5.29  
Fatima Kone (-99) 4.81  
Prescilia Bakuba (-98) 4.58  
Erica Wik (-99) 3.21  
Sana Salih (-01) 3.07

#### **Höjdhopp**

Jennifer Czerapowicz (-93) 1.55  
Erica Wik (-99) 1.25  
Sana Salih (-01) 1.15

#### **Tresteg**

Lynn Johnson (-94) 13.46  
Maria Augutis (-90) 12.42  
Fatima Kone (-99) 11.12  
Prescilia Bakuba (-98) 10.40

#### **Kula 4.0 kg**

Khaddi Sagnia (-94) 10.88  
Saga Kullenbäck (-91) 9.45  
Sana Salih (-01) 5.92 2.kg  
Elvira Larsson (-01) 5.08 2.kg

#### **Spjut 600 gr.**

Emilie Larsson (-91) 50.59  
Marie Barenfeld (-85) 45.84  
Khaddi Sagnia (-94) 37.00

Ronja Olsson (-95) 32.26  
Maria Valenzuela (-97) 26.44 400gr

**Diskus 0.6 kg**

Maria Valenzuela (-97) 25.57  
Khaddi Sagnia (-94) 23.48

**Slägga 4.0 kg**

Alessandra Wall (-95) 54.70  
Stephanie Ericsson (-93) 44.32

**Sjukamp**

Jennifer Czerapowicz (-93) 4.279

**HERRAR**

**100m**

Mathias Abulu (-91) 11.21

**200m**

Mathias Abulu (-91) 23.05

**300m**

Alan Salih (-04) **72.15**

**600m**

Isak Suleiman (-99) 1.40.00  
Miran Salih (-02) 2.12.54

**800m**

Marcus Waerme (-91) 1.56.94  
Isak Suleiman (-99) 2.27.93

**1500m**

Jonas Legernes (-91) 3.56.63  
Isak Suleiman (-99) 4.47.12

**3000m**

Jonas Legernes (-91) 8.32.10  
Abdikadir Abdi (-87) 8.35.83

**5000m**

Abdikadir Abdi (-87) 15.01.38  
Mathia Borg (-85) 16.20.21

**Halv Marathon**

Fredrik Johansson (-85) 1.07.22

**Marathon**

Fredrik Johansson (-85) 2.29.34

**3000m hinder**

Jonas Legernes (-91) 9.21.78

Mathias Borg (-85) 10.13.67

**100m häck 84cm**

Viktor Johansson (-97) 15.02

**110m häck**

Joshua Gustavsson (-88) 15.43

**Längd**

Mathias Abulu (-91) 7.12

Viktor Johansson (-97) 5.88

Miran Salih (-02) 3.05

**Höjd**

Viktor Johansson (-97) 1.55

**Tresteg**

Sadeeh Mbye (-92) 14.27

Viktor Johansson (-97) 12.11

**Stav**

Joshua Gustavsson (-88) 4.31

Esa Hiltunen (-96) 4.10

**Spjut**

Viktor Johansson (-97) 43.90 600g

**Kula**

Miran Salih (-02) 5.54 2.kg

Alan Salih (-04) 4.41 2.kg